

# Get Results Without the Overwhelm

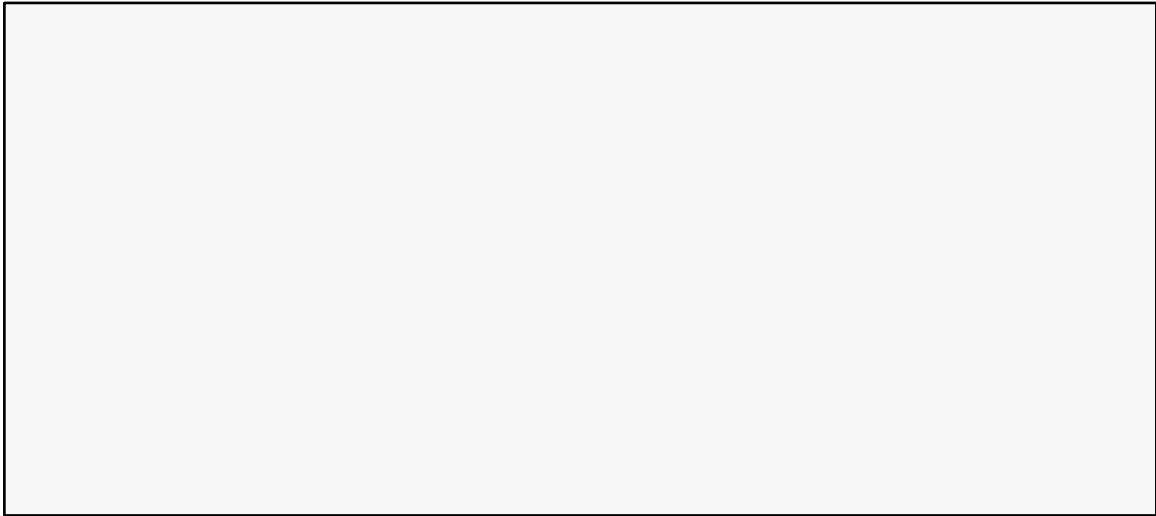
## My Celebration Plan

**Micro Celebrations – things I can do to celebrate everyday achievements**

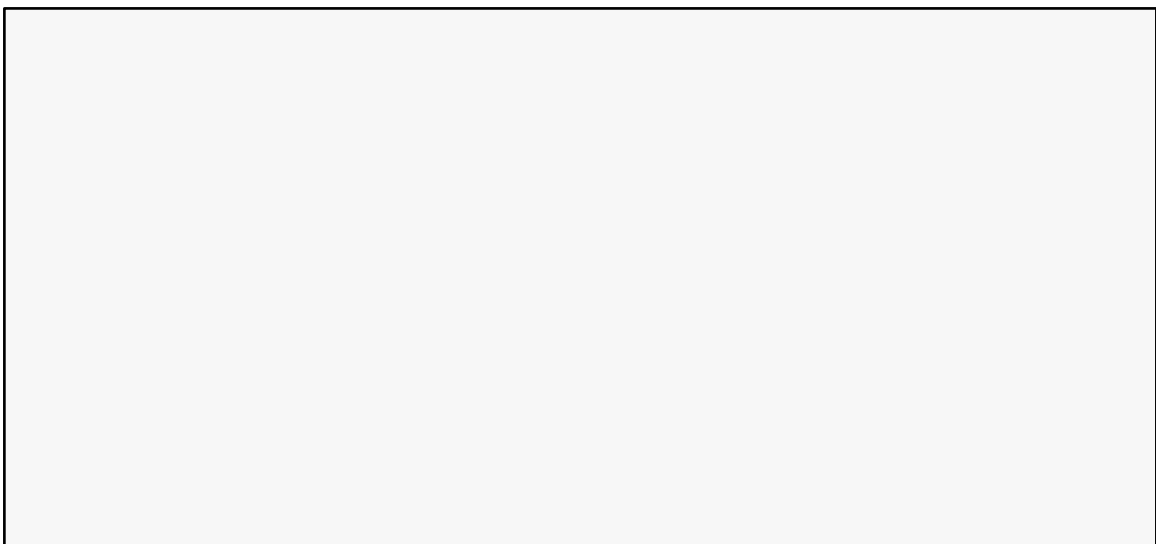
**Small/Medium Celebrations – things I can do to celebrate hitting milestones (e.g. half way points, pivots, overcoming limiting beliefs, breakthroughs, creating habits that stick, etc.)**

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**Large Celebrations - things I can do to celebrate each goal as it is achieved**



**Humungous Celebration - It's the end of the 12 months and I've hit all of my goals! Let's celebrate by...**



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